



Equine Assisted Constellations:

PLAYING IN THE KNOWING FIELD WITH HORSES

Journey with us... in the 'field of the horse,' first get to know how they live in the field (meaning *the Knowing Field of energy*, not only the hayfield), and then experience the deepened resonance of doing constellations with our equine friends. The horses lend their exquisitely tuned ability to perceive energy to the work we do, and the heightened clarity that ensues can bring profound results to the humans who come with questions they'd like to explore on that day.

Kathy Boisjoli is our guide in learning about the world of the horse, and Katherine Curran facilitates the constellations.

Objectives for participants:

- Relax into a heart based connection with the horse and access the wisdom of the field of the horse
- Experience the balance of giving and receiving with horses and humans as partners
- Participate in constellations in an expansive nature-based knowing field

DATES: Saturday, August 24, 2024
Sunday, September 29, 2024

We encourage you to register for both days; however, feel free to come to just one!

TIME: 9:30 a.m. - 4:30 p.m.

LOCATION: Wild Acres Wellness, Afton Farm
15489 45th St South, Afton, MN 55001

COST: \$169/day

REGISTER: wildacreswellness.com/groups-retreats or
mnconstellations.com/events

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LED BY:



Kathy Boisjoli
MA, LPCC

Kathy is a Licensed therapist and owner of Wild Acres Wellness. She is passionate in helping people HEAL and GROW personally and spiritually in body, mind and spirit. She utilizes a variety of eclectic approaches

to guide each person toward greater happiness and living life more fully and authentically, such as equine assisted psychotherapy, hypnotherapy, ketamine assisted psychotherapy, Reiki, and spiritual approaches. Kathy LOVES to be in nature and help others return to the healing space in nature on her 20 acres hobby farm with horses, mini donkeys, chickens, dogs, and cats as part of the Wild Acres healing and growing community.



Katherine Curran
Ph.D.

Katherine is a co-founder of the Minnesota Center for Systemic Constellations, which provides constellation workshops, consultations, and trainings. Katherine has been trained in family, trauma and organizational constellation facilitation by many of the field's leading experts in the US, Europe and Australia. She incorporates the wisdom of the Knowing Field and constellation practice into all aspects of her work and life to help individuals and groups access ancient wisdom and love as they go about healing themselves and our world.